

School Counseling, Psychological and Social Services

Resources and Information

TENNESSEE

Jason Foundation – Youth Suicide Prevention

www.jasonfoundation.org

Tennessee Department of Education

TDOE Office of School Safety and Learning Support

Bullying, Character Education, Volunteerism, Safe and Drug-Free Schools, School Safety

<http://www.tennessee.gov/education/learningsupport/index.html>

Tennessee Department of Education

School Counseling Services P-12

<http://tennessee.gov/education/ci/ciguidcounseling/index.shtml>

Tennessee School Counselors Association

www.tnschoolcounselor.org

Tennessee Suicide Prevention Network

www.tspn.org

NATIONAL

American Counselors Association

www.counseling.org

American Psychiatric Association

www.psych.org

American Psychological Association (APA)

www.apa.org

American School Counselors Association

www.schoolcounselor.org

A Review of School-Based Interventions to Reduce Bullying

A systematic review of more than 2,000 articles on bullying yielded only 26 studies that had been "rigorously evaluated," according to the authors of an article in the January 2007 issue of *Archives of Pediatrics and Adolescent Medicine*. The types of the 26 evaluated interventions could be characterized as curriculum (10 studies), multidisciplinary or "whole school" (10 studies), social skills groups (4 studies),

mentoring (1 study) and social worker support (1 study). The article concludes that many school-based interventions directly reduce bullying, with better results from interventions that involve multiple disciplines; curricular change was found the least effective. Most reductions in bullying were relatively small and tended to concentrate on helping children who were victimized, rather than those who engaged in bullying. The article defines bullying as a form of aggression in which one or more children repeatedly and intentionally intimidate, harass, or physically harm a victim and notes that bullying is increasingly a matter of public concern and research. The journal *Archives of Pediatrics and Adolescent Medicine* can be contacted at <http://archpedi.ama-assn.org>.

Center for Mental Health Services

Substance Abuse and Mental Health Services Administration

www.samhsa.gov

Center for School Mental Health Assistance

csmha.umaryland.edu/

Center for Substance Abuse Treatment

Substance Abuse and Mental Health Services Administration

csat.samhsa.gov/

Mental Health in Schools Training and Technical Assistance Center

www.smhp.psych.ucla.edu

National Mental Health Association (NMHA)

www.nmha.org

National Mental Health Information Center

Substance Abuse and Mental Health Services Administration

www.mentalhealth.samhsa.gov/

President's New Freedom Commission on Mental Health Website

www.MentalHealthCommission.gov

Prevention Reports: Focus on Mental Health

From the U. S. Department of Health and Human Services

odphp.osophs.dhhs.gov/pubs

**Research & Training Center on Family Support and Children's Mental Health -
The National Wraparound Initiative**

The Wraparound process is a collaborative, team-based approach to service and support planning. Through the Wraparound process, teams create plans to meet the needs - and improve the lives - of children and youth with complex needs and their families.

www.rtc.pdx.edu/index.htm